

October 2018

THE MEETING PLACE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily: Puzzles Billiards Computer Walking as scheduled	<i>1</i> 8:45 Tai Chi 10:30 UNO 11:00 Zumba 12:30 Bead class 1:00 SHIP mtg. 2:00 Artist group	<i>2</i> 9:00 Yoga 9:30 Ceramics 9:30-10:30 Recipe club 10:30 Let's Get Craftin' 11:00 Blood pressure checks 12:30 Bingo 2:00 Hand & Foot (cards)	<i>3</i> 9:30 Ceramics 10:30 Mindful Body 11:00 Zumba 12:30 Bingo & Bridge	<i>4</i> 9:30 Ceramics 10:00 Devotions & Artist group 10:00 Lake Lure boat tour 12:30 Grocery shopping Share Thy Bread	<i>5</i> 10-11 Adult coloring 11:00 Team Trivia 12:30 Movie	<i>6</i>
<i>7</i>	<i>8</i> 8:45 Tai Chi 9:30 Vaya Health-Suicide Indicators 10:30 UNO 11:00 Zumba 12:30 Bingo 2:00 Artist group	<i>9</i> 9:00 Yoga 9:30 Ceramics 9:30-10:30 Recipe club 10:15 Diane Trainor-SMP 10:30 Let's Get Craftin' 11:00 Blood pressure checks 12:30 Bingo 2:00 Hand & Foot (cards)	<i>10</i> 9:30 Ceramics 10:00 Scams w/ Rhonda Forster 10:30 Mindful Body 11:00 Zumba 12:30 Bingo & Bridge	<i>11</i> 9:30 Ceramics 10:15 Grief Support-Chaplain Justin Nelson 10:00 Devotions & Artist group 12:30 Grocery shopping	<i>12</i> 9:30-12 Walmart 10-11 Adult coloring 11-11:30 Team Trivia 12:30 Movie	<i>13</i>
<i>14</i>	<i>15</i> 8:45 Tai Chi 10:30 UNO 11:00 Zumba 12:30 Bead class 2:00 Artist group	<i>16</i> 9:00 Yoga 9:30 Ceramics 9:30-10:30 Recipe club 10:30 Let's Get Craftin' 11:00 Blood pressure checks 12:30 Bingo 2:00 Hand & Foot (cards)	<i>17</i> 9:30 Ceramics 9:30-10:30 The Craft Shop 10:30 Mindful Body 10:30 Flu shots 11:00 Zumba 12:00 Tom Fisch 12:30 Bingo & Bridge	<i>18</i> 9:30 Ceramics 10:00 Devotions & Artist group 10:15 White Oak 12:30 Grocery shopping Share Thy Bread	<i>19</i> 10-11 Adult coloring 10:30 "Local History" w/James Metcalf 11:00 Team Trivia 12:30 Movie	<i>20</i>
<i>21</i>	<i>22</i> <i>CLOSED</i>	<i>23</i> 9:00 Yoga 9:00-1:00 AARP Safe Driver Course 9:30 Ceramics 9:30-10:30 Recipe club 10:30 Let's Get Craftin' 11:00 Blood pressure checks 12:30 Bingo 2:00 Hand & Foot (cards)	<i>24</i> 9:30 Ceramics 10:30 Mindful Body 11:00 Zumba 12:30 Bingo & Bridge	<i>25</i> 9:30 Ceramics 10:00 Devotions & Artist group 12:30 Grocery shopping 12:45 Flat Rock Playhouse	<i>26</i> 10-11 Adult coloring 11:00 Team Trivia 12:00 Edward Krause 12:30 Movie	<i>27</i>
<i>28</i>	<i>29</i> 8:45 Tai Chi 10:30 UNO 11:00 Zumba 12:30 Bingo 2:00 Artist group	<i>30</i> 9:00 Yoga 9:30 Ceramics 9:30-10:30 Recipe club 10:30 Let's Get Craftin' 10:30 Caregiver Fatigue-Paula Brooks 11:00 Blood pressure checks 12:30 Bingo 2:00 Hand & Foot (cards)	<i>31</i> 9:30 Ceramics 10:30 Mindful Body 11:00 Zumba 12:30 Bingo & Bridge ALL DAY- Halloween festivities with a costume contest HAPPY HALLOWEEN			