

2020 Fall Soccer Plan

Registration

- Dates: July 13th-August 7th, 2020
- Online and paper form

Draft

- Zoom meeting instead of drafting at Stearns
- Email list of players and any other information coaches may need before draft
- Email rosters and schedules to coaches
- Rosters posted outside of Stearns and online for parents to see

Practice

- Only one team will be allowed to practice on the field at a time
- Provide Harmon and Searcy Fields as practice locations
- Focus on more individuals drills rather than scrimmaging
- Provide more soccer balls so the players can be put into smaller groups
- Place signs encouraging spectators to stand 6ft. apart from others
- Encourage players and families to stay home if anyone is sick
- Encourage players to bring their own soccer ball to practice if they have one
- Provide cones to help coaches space players out
- Upon arrival coaches, players, officials, and all staff will have their temperature checked and recorded. Anyone with a temperature of 100.4 degrees Fahrenheit will be asked to leave, and will be able to return to practice/games after a 72 hour waiting period.
- Coach will have to take attendance and check for temperatures for each practice/game

Game Protocol

- Only play regular season games (6 games)
- No post season tournament
- No Competition outside of Polk County Recreation
- If anyone is sick encourage them to stay home
- Upon arrival coaches, players, officials, and all staff will have their temperature checked and recorded. Anyone with a temperature of 100.4 degrees Fahrenheit will be asked to leave, and will be able to return to practice/games after a 72 hour waiting period.
- Instead of playing games on every field throughout the day, we will have games scheduled to be on every other field. This will allow us to space out spectators as well as the teams.

Spectators

- Will encourage that only immediate family attend games

- Encourage spectators to leave immediately after their child/children's game to decrease amount of crowding around the fields
- Encourage spectators to wear face masks
- Encourage spectators to stay 6ft. apart

Spacing

- Will have signs out encouraging social distancing
- If possible, will have 6ft. apart markings
- Teams will sit on one opposite side of the field from spectators

Sanitation

- Coaches will be provided hand sanitizer and face mask for practice and games
- Coaches will be given enough balls so only 2 to 3 kids share one ball at a time
- Coaches, players, spectators, and staff will be encouraged to stay at home if sick, or if someone in your household has been diagnosed with Covid-19

Communication

- Coaches and parents will be contacted via email, & all coaches will be included in a group messages (text) as well.
- All updates will be posted the recreation website and on our Facebook page
- Coaches, as well as parents, will be given a very clear understanding of the changes that we have made this season. All changes will be posted online and sent out through email.
- Parents will have to sign a statement stating they do not hold the recreation department responsible for any sickness that may occur while participating in fall soccer, and is fully aware of the risk that they are taking by signing their child/children up.

Sick Policies

- Will provide a list of coronavirus symptoms that everyone should be aware of, and if any symptom is felt, then you will be asked to stay at home.

▪ Coronavirus Symptoms

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness.

- Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing

- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face
- Call your medical provider for any other symptoms that are severe or concerning to you.