

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Chicken Alfredo salad garlic bread mixed fruit	Hamburger Veggie soup w/ barley corn bread Banana graham cracker	BBQ pork red slaw sweet potato wedges hush puppies & raisins	Spaghetti w/ meatballs grilled veggies garlic bread juice cookie	Salmon patty home fries Brussels sprouts roll fruit sauce	
	Beef Stew w/ veggies corn bread Banana vanilla wafers	Western Omelet bake' grits sliced tomato biscuit stewed apples	Chicken & rice broccoli roll peach cobbler	Chile beans salad corn bread juice graham crackers	Shepard's pie salad roll stewed apples	
	Smoke sausage greens butter beans corn bread raisins	Chicken noodle soup pimento cheese sandwich fruit cup cookies	Salisbury steak brown rice peas roll banana	Pork chop cabbage black eyed peas cornbread juice	Fish bake potato slaw hush puppies apple sauce	
	Grilled chicken squash pasta salad bun juice	Tortellini soup salad garlic bread fruit cup graham crackers	Chicken Pot pie Sweet potato nuggets spiced apples	Sliced Ham green Beans scallop Potatoes roll pears	CLOSED	

March 2018

THE MEETING PLACE

NATIONAL NUTRITION MONTH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:30 Ceramics 10:00 Devotions & singing and Artist group 10:30 Jimmi Buell, Mediterranean Diet 12:30 Grocery shopping Share Thy Bread	2 12:30 Bingo 4-7 Fish Fry fundraiser	3
4	5 8:45 Tai Chi 11:00 Senior fitness 12:30 Beads 2:00 Artist group	6 9:30 Ceramics 10:30 Creative art 12:30 Bingo	7 9:30 Ceramics 10:30 Wacky Wed. 11:00 Senior fitness 12:30 Bingo & Bridge	8 9:30 Ceramics 10:00 Devotions & singing, and Artist group 12:30 Grocery shopping	9 12:30 Bingo	10
11	12 8:45 Tai Chi 11:00 Senior fitness 12:30 Bingo 2:00 Artist group	13 9:30 Ceramics 10:30 Creative art 10:30-2:30 Hamrick's 12:30 Bingo	14 9:30 Ceramics 10:30 Wacky Wed. 11:00 Senior fitness 12:30 Bingo & Bridge	15 9:30 Ceramics 10:00 Devotions & singing, and Artist group 10:15 White Oak 12:30 Grocery shopping Share Thy Bread	16 12:30 Bingo	17 St. Patrick's Day
18	19 8:45 Tai Chi 11:00 Senior fitness 12:30 Beads 2:00 Artist group	20 9:30 Ceramics 10:30 Creative art 12:30 Bingo	21 9:30 Ceramics 10:30 Wacky Wed. 11:00 Senior fitness 12:30 Bingo & Bridge	22 9:30 Ceramics 10:00 Devotions, singing, & Artist group 10:30-1:00 Saluda Depot & lunch 12:30 Grocery shopping	23 12:30 Bingo	24
25	26 8:45 Tai Chi 11:00 Senior fitness 12:30 Bingo 2:00 Artist group	27 9:30 Ceramics 10:30 Creative Art 12:30 Bingo	28 9:30 Ceramics 10:30 Wacky Wed. 11:00 Senior fitness 12:30 Bingo & Bridge	29 9:30 Ceramics 10:00 Devotions, singing, & Artist group 10:30-12 Easter egg hunt & egg dyeing w/ Tuesday School 12:30 Grocery shopping	30 GOOD FRIDAY CLOSED	31